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1. A cart, comprising a body;

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- b) \ a wheel attached to said body;
- c) a support ring freely rotatably attached to

said body; and

d) said support ring freely rotating relative to said body when said cart is in use.

- 3. A cart as in Claim 1, wherein:
 - a) a handle is attached to said body.
- 4. A cart as in Claim 3, wherein:
- a) an extension is provided between said handle and said body, and the handle extends transversely relative to the extension.
 - 5. A/cart as in Claim 4, wherein:
 - a) said handle extends away from said wheel.
 - 6./ A cart as in Claim 1, wherein:
- a) said wheel includes first and second spaced apart wheels.

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8. A cart as in Claim 1, wherein:

a) said support ring includes a mouth for enhancing the flexibility thereof.

9. A cart as in Claim 1, wherein:

a) a lock is provided for selectively restricting movement of said movably attached support ring.

movement

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hook bei

10. A cart as in Claim 9, wherein:

a) a handle is attached to said body; and

) /said lock includes a chain having a hook, said

hook being disposed on said handle for securing said chain.

11. A cart as in Claim 10, wherein:

a) said hook includes an s-hook provided on said

chain; and

b) said s-hook is configured for engaging a brake

drum supported by said support ring

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a) a block is provided on said support ring, said block being sufficiently large for reducing the effective inner diameter of the support ring.

13. A cart as in Claim 12,/wherein:

a) said block is detachably attached to said support ring.

14. A cart as in Claim 11, wherein:

a) said by ock includes a plurality of blocks.

15. A claim as in Claim 12, wherein:

a) said block is provided on the interior of said support ring.

16. A cart as in Claim 2, wherein:

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a) said support ring includes a mouth for enhancing the flexibility thereof.

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18. A cart, comprising:

- a) a body;
- b) a wheel attached to said body;
- c) a support ring freely rotatably attached to said body;
- d) said support ring freely rotating relative to said body when said cart is in use;
- e) said support ring including a mouth for enhancing the flexibility/thereof; and
- f) said mouth having an open portion, and said open portion facing away from said handle.
 - 19. A cart as in Claim 18, wherein:
- a) a block is provided on said support ring, said block being sufficiently large for reducing the effective inner diameter of the support ring.
 - 20./ A claim as in Claim 18, wherein:
- a) said block is detachably attached to the interior of said support ring.

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